

Embec Care Ltd The Wise Choice Fact sheet

If Someone Falls In Your Care

- If someone falls in your care, what do you do?
- Ensure you protect your own back and safety.
- Make them comfortable and keep them warm and safe.
- Check for obvious signs of injury, bleeding, broken bones, and trauma.
- Administer first aid as necessary.
- Call for help.
- Reassure and keep them calm.
- Report to Line Manager.
- Get checked over by GP as necessary.
- Report to next of kin as appropriate.

DO NOT

- Move them by yourself.
- Give drinks.
- Panic.