

Embec Care Ltd The Wise Choice Fact sheet

Most accidents are often avoidable and in the majority cases the easiest way to prevent them is to know your enemy so listed below are the.....

Top 10 individual hazards (ranked in order)

- ❖ Slippery surfaces
- ❖ Obstacles in corridors
- ❖ Poor lighting
- ❖ Floor mats
- ❖ Footwear
- ❖ Ladder/step ladder/chair used to climb
- ❖ Bath
- ❖ Uneven, broken or loose pathways
- ❖ Trailing cords, steps/stair railing

Adapted from Clemson (1997)

REFERENCES

Clemson L (1997), 'Home Fall Hazards: A guide to identifying fall hazards in the homes of elderly people and an accompaniment to the assessment tool the Westmead Home Safety Assessment', West Brunswick Victoria Australia, Coordinates Publications.