

# Embec Care Ltd The Wise Choice Quiz

## QUIZ: WHY FOCUS ON FALLS?

- 1. Falls are the most common fatal accident to older people?**  
True                       False                       Don't know
- 2. Most accidents to older people needing hospital treatment are due to falls?**  
True                       False                       Don't know
- 3. Fractures are the most common injury sustained when older people fall?**  
True                       False                       Don't know
- 4. Over 65 years, you run a 1 in 3 change of falling during the next year?**  
True                       False                       Don't know
- 5. Someone who has suffered a stroke is twice as likely to have a serious fall?**  
True                       False                       Don't know
- 6. Women are twice as likely to fall as men?**  
True                       False                       Don't know
- 7. Most falls occur as a result of tripping over objects or on rugs/mats?**  
True                       False                       Don't know
- 8. Most falls occur in the home?**  
True                       False                       Don't know
- 9. Most falls occur on the stairs?**  
True                       False                       Don't know
- 10. Most falls occur at night?**  
True                       False                       Don't know